

LINKS AND RESOURCES ⓘ

- [sexual education](#) ➔
- [standards for sexual education in europe](#) ➔
- [diversity](#) ➔
- [sexual orientation](#) ➔

BASICS

APPROPRIATION TO TARGET GROUP

ETHIC AND THEORETIC FRAMEWORK

NORMS AND VALUES

EDUCATIONAL APPROACH

The *Standards for sexual education in Europe* that our professional understanding of sexual education is based upon were published by the WHO in collaboration with the Federal Centre for Health Education in Germany. This concept is directed toward policy makers, educational institutions, health services and other experts.

In this project, it is important for us to discuss and present the commonalities and basic principles on a European level. Therefore we have dealt with our “*Basics*” and “*Aims*” in sexual education to find this common ground.

This discussion was had on the basis of the standards mentioned above and could bring all institutions working on this project to a common starting position.

Appropriation to target group

- ▶ level of development
- ▶ level of understanding
- ▶ culturally, socially and in terms of gender

Ethic and theoretic framework

- ▶ Human rights
- ▶ Concept of holistic well-being and health
- ▶ Emancipation

Norms and Values

- ▶ Gender equality
- ▶ Self-determination
- ▶ Acceptance of diversity

Educational Approach

- ▶ accurate information
- ▶ starting point = birth, no end
- ▶ empowering
- ▶ literacy
- ▶ participation/interaction

AIMS

ACCEPTANCE

AWARENESS

EMPOWERMENT

KNOWLEDGE

DEVELOPMENT

Acceptance of

- ▶ diverse sexualities
- ▶ differences in lifestyles
- ▶ differences in values and norms
- ▶ gender-differences (when needed)

Awareness of

- ▶ sexual identities
- ▶ sexual orientations
- ▶ gender roles

Empowerment to

- ▶ make informed self-confident choices
- ▶ get a further understanding
- ▶ act responsibly
- ▶ see oneself and others
- ▶ deal with coercion

Knowledge

- ▶ body and body functions
- ▶ contraception
- ▶ STIs and HIV
- ▶ literacy
- ▶ prevention, harassment and abuse
- ▶ human rights

Development

- ▶ as sexual being
- ▶ utilize one`s own feelings, wishes, etc.
- ▶ express feelings, wishes, etc.
- ▶ individual gender role and sexual identity
- ▶ speech
- ▶ critical attitude towards norms and values

Sexual education is based on scientific knowledge and national and Europe-wide standards and legal rights like:

- human rights standards <
- sexual and reproductive rights <
- standards for sexual education <